

Mush-and-Milk.
By C. C. TRACY.
Oh, the flavor, sweet and rare,
Of the simple farmer fare,
Mush-and-milk, the wholesome diet
Of the life so pure and quiet!
Clear the realm of table thought!
Clear these hazy, Delmonico!
You modern vanguard flat,
Give us this and "a la" that!
Give us back the table bright
With its bowls so clean and white,
From spoons, in hands so manifold,
Milk so luscious, by the panful!
Oh, the fields of golden maize!
Oh, the hazy rustic days!
Nibblers pale, in rustling silk,
What know ye of mush-and-milk?
Once again, in foreign lands,
O'er my bowl, I clasp my hands,
Giving thanks that, as of yore,
Mush-and-milk I taste once more.
Oh, the rosy cheeks it gave!
Oh, the arms so strong and brave!
Mush-and-milk has raised the latest
Of the nations and the greatest.
Countrymen, if ye are wise,
From the turn of your eyes,
Vile with knavery, shame and brawl,
And the stench of alcohol.
Off to the hearty life of old;
Off to the fields of green and gold;
Seek again the simple ways,
Mow the meadows, hoe the maize.
—Anatolia College.

COLORS AND EMOTIONS.

THE SENSE OF COLOR AS OLD AS THE GAWING OF HUNGER.

Red Associated With Violent Mental Impressions—Blue the Color Mysterious and Holy—"Red Words" of Swinburne, Yellow and Green.

The theories of Gladstone and Magna that the men of the Homeric era were color blind, because of the absence from the Homeric poems of certain words expressive of certain colors, have been disproved by more thorough research. The primitive man's sense of color, or the sensitiveness of his retina to other vibrations, may not have been as fine as that of the Roman mosaic worker who could select his material of 30,000 different tints, nor that of the Gobelin weaver, who can recognize 23,000 different shades of red. But the evidence goes to show that the sense of color is old as the gawing of hunger or the pang of fear—old as the experience that taught living creatures to discern food and to flee from danger. It is, however, reason to suppose, from certain developmental phenomena observed in the eyes of children and newly born animals, that the present condition of the color sense has been gradually reached, not so much by particular hues as in all species possessing it—just as vision itself must have been gradually acquired. Also, show colors must have been perceived before tint could be discerned; and even now we know, through the spectroscopes, that the human eye is not yet developed to the fullest possible perceptions of color.

Now the first colors recognized by the first eyes must have been blue, green, blue, yellow, the color of gold, the color of our sun; the brightest daylight has a more or less faint tinge even at noon, according to the state of the atmosphere; and this tint deepens at sunrise and sunset. Red is the color of blood—a color allied necessarily from time immemorial with violent mental impressions, whether of war, of love, or the chase, or religious sacrifice. Green itself is the color of the world. Blue—the blue of the far away sky—has necessarily always been for man the color most mysterious and holy—always associated with those high phenomena of heaven which first inspired wonder and fear of the unknown. These colors were probably first known to intelligent life; and their impressions are today the strongest, the most violent, indeed, have they become to our refined sense, that in apparel or decoration three of them, at least, are condemned when offered pure. Even the armies of the world are abandoning red uniforms; no refined people wear flaming crests or scarlets or yellows; nobody would paint a house or decorate a wall with a solid sheet of strong primary color. Blue is still the least violent, the most agreeable to the artistic sense, and in subdued form it holds a place, of course, in art, reduced to less spiritual colors.

THE SENSITIVE EMOTIONS.
It must consequently be expected there should exist some correlation between the primary colors and the stronger emotional states of man. And such, indeed, proves to be the case. Emotionally the colors come in the order of red, yellow, green and blue. Red still appeals to the idea of passion—for which reason its artistic use is being more and more restrained. Very curious are the researches made by Frank Allen showing the fact of the sensual use of red. In Swinburne's "Poems and Ballads" (the same suppressed work republished in this country under its first title, "Lays Veneris"), the red epithets appear 139 times, while gold, green and blue words occur respectively 116, 86 and 25 times. In Tennyson's beautiful poem, "The Princess," the red words occur only 20 times, the gold 28, the green 5, the blue once. With all his exquisite sense of color, Tennyson is sparing of adjectives—there is no red in the poem, it is sold muscle and bone.

Next to red, the most emotional color is yellow—the color of life, and of what men seem to prize next to life, gold. We fancy we can live without green colors, times, it comes third; but it is the line associated with all the labors of man on the earth since he began to labor. It is the color of industry. Blue has always been, since man commenced to think, and always will be, until he shall have ceased to think, associated with his spiritual sense, his idea of many gods or of One, his hopes of a second life, his perception of duty. Still, all who pray turn up their faces toward the eternal light. And with the modern expansion of the idea of God, as with the modern expansion of the idea of the universe, the violet gulf of space ever seems more mystical, its pure color more more divine, and appeals to us as the color of the Unknowable, the color of the Holy of Holies. —New Orleans Times-Democrat.

The Great Novelist's Mother.
Charles Dickens inherited from his mother a keen appreciation of the droll and of the pathetic, as also considerable dramatic talent. She is described as a little woman, who had been very nice looking in her youth, having bright hazel eyes and being a thoroughly good natured, companionable body. She possessed an extraordinary sense of the ludicrous and her power of imitation was something astonishing. On entering a room she almost unconsciously took an inventory of its contents, and, if anything happened to strike her as out of place or ridiculous, she would afterward describe it in the quaintest possible manner. In like manner she noted the personal peculiarities of her friends and acquaintances. —Philadelphia Times.

A straight line can be drawn through twenty-five miles of the Indian river, Florida, without touching shore. It is called the straightest river in the world.

Chart of Derelict Vessels.
Another most important characteristic of the chart is the attention which is given to the positions of wrecked vessels. After a vessel has been abandoned you know it seldom goes directly to the bottom. Almost submerged such derelicts, as they have been called, will remain afloat for months. After the masts have disappeared there is seldom anything to indicate to approaching vessels that such a dangerous obstruction is in their path. A collision with one of these waterlogged wrecks would simply mean instant destruction. So the hydrographic office requests each vessel to notify it of the location of these "derelicts." Their positions are then given in the monthly chart, and captains can be on the lookout and avoid them. May chart is dotted with such obstructions.
I have traced on these maps the course of a derelict for months. One in particular I remember. The schooner Twenty-one Friends was wrecked just off the Delaware capes last spring, two years ago. She drifted out into the gulf stream, and carried clear across to Ireland, and then being blown by the wind out of the influence of that ocean current, was carried toward the coast of Spain, where it was lost. I don't but that that formed fire wood for some of the Spaniards along the coast. Being lumber laden they must have secured a prize indeed. There are other interesting things which might be told about the hydrographic chart, but there isn't enough space here. —Observer in Philadelphia Call.

Cured of Hero Worship.
When Herbert Spencer was in this country a certain workingman admirer, who had acquired an intense hero worship of him, followed him many miles in order to enjoy the supreme honor of shaking hands with the great philosopher. He finally succeeded in surprising him among the Vermont hills and entered the parlor of his hotel while the nurse was absent. "Have I the honor at last of greeting Herbert Spencer?" said he. "That is my name," was the severe English reply. "I consider you the chief of human benefactors," continued the man, "and all the more so I congratulate you, now that our American publishers are able to produce such cheap editions of your great books that they are reaching the humble homes of the poor, where they were formerly strangers." "But what becomes of the poor writer?" shouted Mr. Spencer as he arose in rage and turned upon his visitor. At this point the nurse rushed in and, dejected the poor workingman, who, as he descended the back stairs, was followed by savage echoes of "Pirates! Pirates!" His hero had fallen with a crash, and he wondered in his disappointment and chagrin if there was anything to read in the paper. The nurse, however, considered would not touch. —Boston Globe.

Use for Cast Off Horseshoes.
A Chinaman has discovered that cast off horseshoes make good cutters of wood. The wrought iron of the shoes having been constantly hammered on the roads, acquires hardness and the animal hair from the hoof has something to do with it. —Chicago Times.

A Sound Mind in a Sound Body.
Science and philosophy have exhausted themselves in profound treatises to determine the just relation between mind and matter, between body and soul, how to preserve the equilibrium between the two, and how to restore it when it is lost by sickness of the body. This great problem has successfully been solved by a gentleman in North Carolina, by experience on himself, proving that an ounce of practical experience is worth several pounds of scientific or philosophical theorizing. Mr. Hamlin is one of the best known insurance men in Winston, N. C.

Gentlemen—Ever since I was seven years of age I have had what the doctors call hip disease, and which I call white swelling. My hip was drawn out of place. There was a swelling at the knee joint, where there is a profuse running, which has been there for years. Of course this has greatly depleted my system, together with surgical operations on the leg bone. I tried every known blood purifier to build up my system, but none did me good until I took S. S. S. I use it every spring. It always builds me up, giving me appetite and digestion, and enables me to stand the long, trying, enervating, hot summer days. To me there is no such medicine for purifying the blood and building up the wasted system as S. S. S. On using it I soon become strong of body and easy of mind. My color changes from a pale, worn look to a healthy, robust complexion.

Yours, very truly,
M. S. HAMLIN.
Winston, N. C. April 12, 1887.
Treatise on Blood and Skin Diseases mailed free.
The Swift Specific Co., Drawer 3, Atlanta, Ga.

Miss Flossie Bookmark (to now corner in town)—"Yes, we have two churches here, the Church of the Redeemer and Mr. Cooper's church; and we all like dear Mr. Cooper so much the best!" —Puck.

Don't let that cold of yours run on. You think it is a light thing. But it may run into catarrh. Or into pneumonia. Or consumption. Catarrh is disgusting. Pneumonia is dangerous. Consumption is death itself. The breathing apparatus must be kept healthy and clear of all obstructions and offensive matter. Otherwise there is trouble ahead. All the diseases of these parts, head, nose, throat, bronchial tubes and lungs, can be delightfully and entirely cured by the use of Roschke's German Syrup. If you don't know this already, thousands and thousands of people can tell you. They have been cured by it, and know how it is themselves. Bottle only 75 cents. Ask any druggist.

Thomas Nast doesn't think it will be Blaine in 1888.

I most earnestly entreat every female expecting to be confined, to use "The Mother's Friend." Coupled with this entreaty, I will add, that during a large obstetrical practice, (forty-four years), I have never known it to fail to produce a safe and quick delivery. —H. J. Houser, M. D., Atlanta, Ga.

Send for our Treatise on Women. Mailed free to any address. BRADFIELD REGULATOR CO., Atlanta, Ga.

The lay of the land—Hill College. —Boston Commercial Bulletin.

Screens Pulled Down.
Since the decision of the court of appeals last Saturday, in the Bell habeas corpus case, the saloon men in this city who have taken out the new license and given the new bond, seem inclined to adopt the law as it stands. Early yesterday morning the carpenters were at work, and before noon, the screen doors in the Crystal, Iron Front, Gold Room, Occidental and Julius Benfelds' were taken down, and a wide open view of the interior was exposed. Later in the day several of the parties closed their front doors, claiming they had a right to control their doors, and could close any or all of them as they pleased. What Mr. Baruhart, county attorney will say to this remains to be seen. —Austin Statesman.

A Business-like Offer.
For many years the manufacturers of Dr. Sage's Catarrh Remedy have offered, in good faith, \$500 reward for a cure of Nasal Catarrh which they cannot cure. The Remedy is sold by druggists at only 50 cents. This wonderful remedy has fairly attained a world-wide reputation. If you have dull, heavy headache, obstruction of the nasal passages, discharges falling from the head into the throat, sometimes profuse, watery, and acrid, at others, thick, tenacious, mucous, purulent, bloody and putrid; if the eyes are weak, watery, and inflamed; if there is ringing in the ears, deafness, backing or conching to clear the throat, expectoration of offensive matter, together with scabs from a nasal; the voice being changed and has a nasal twang; the breath offensive; smell and taste impaired; sensation of dizziness, with mental depression, a backing cough and general debility, you are suffering from nasal catarrh. The more complicated your disease, the greater the number and diversity of symptoms. Thousands of cases annually, without manifesting any of the above symptoms, result in consumption, and end in the grave. No disease is so common, more deceptive and dangerous, or less understood, or more unsatisfactorily treated by physicians.

Mrs. Nucyone—"Yes, it was an awful disease; it relapsed to be an epidemic in our neighborhood, and I was so frustrated by it I had to spend two weeks at the seashore to recuperate."

Bucklen's Arnica Salve.
The Best Salve in the world for Cuts, Bruises, Sores, Ulcers, Salt Rheum, Burns, Scalds, Chapped Hands, Chilblains, Corns and all skin eruptions, and positively cures piles or no pay required. It is guaranteed to give perfect satisfaction or money refunded. Price 25 cents per box. For sale by Reynolds & Daniel.

A Side Issue—The Sunday beer drinker coming out of the alley door. —Philadelphia North American.

A Woman's Discovery.
"Another wonderful discovery has been made and that too by a lady in this county. Disease fastened its clutches upon her and for seven years she withstood its severest tests, but her vital organs were undermined and death seemed imminent. For three months she struggled ineffectually and could not sleep. She sought of a bottle of Dr. King's New Discovery for Consumption and was so much relieved on taking first dose that she slept all night and with one bottle she was miraculously cured. She writes Mr. Luther Lutz, "Thus write W. C. Hamrick & Co. of Shelby, N. C. —Get a trial bottle at Reynolds & Daniel's drug store."

Kind of rough on a party—A crash towel. —Burlington Free Press.
Would you know the keen delight Of a wholesome appetite, Untroubled by colic's dire, Headache's curse, or fever's fire, Thoughts morose, or icy chills? Then use Dr. Pierce's Pills. Dr. Pierce's Purgative Pills—the original and only genuine Little Liver Pills; 25 cents a tin.

"No, darling," said a Burlington mother to a sick child, "the doctor says I mustn't read to you. 'Then, mamma,' begged the little one, 'won't you please read to yourself out loud?' —Burlington Free Press.

The Verdict Unanimous.
W. D. Sult, Druggist, Bingham, Ind., testifies: "I can recommend Electric Bitters as the very best remedy. Every bottle sold has given relief in every case. One man took six bottles, and was cured of Rheumatism of 10 years standing." Abraham Hare, druggist, Belleville, Ohio, affirms: "The best selling medicine I have ever handled in my 20 years' experience, is Electric Bitters." Thousands of others have added their testimony, so that the verdict is unanimous that Electric Bitters is the cure of the Liver, Kidneys or Blood. Only a half dollar a bottle at Reynolds & Daniel's drug store.

Sam. Jones will hold a meeting in Birmingham, Ala., this month.

Working People are often too ill to labor, but they haven't time to take medicine and lay off. Simmons Liver Regulator can be taken without causing any loss of time, and the system will be built up and incorporated by it. It has no equal as a preparatory medicine, and can be safely used when a doctor cannot be called in. In all common diseases it will, unassisted by any other medicine, effect a speedy cure.

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